



Barwon Sports Academy Trademark Values

- 1. RESPECT:** *Equal treatment of all.*
I am respectful at all times and treat everyone as my equal.
- 2. WORK ETHIC & ATTITUDE:** *Determined to do your best at all times.*
I am determined to, and will do, my best at all times.
- 3. COMMITMENT:** *Take the opportunity you have been provided.*
I am committed to the opportunity of representing BSA in 2022.
- 4. GOOD DECISION MAKING:** *Values, nutrition, social involvements.*
I will make sound decisions using the information, education and opportunities that are presented to me.
- 5. HONESTY:** *With regards to your efforts and when competing.*
I am honest and true, both on and off the field.
- 6. RESILIENCE & PERSISTENCE:** *Treat challenges and setbacks as hurdles to overcome and motivate.*
I am resilient, determined and motivated, to rise to any challenges that I might meet in 2022.
- 7. PROFESSIONALISM:** *Approach to training, dealing with people and rehabilitation.*
I am professional in my approach to all aspects of my training, including injury prevention and rehabilitation, and in the way that I communicate with all those supporting me on this journey.
- 8. HELP OTHERS:** *Positive relationships.*
I am and will be positive. I will model the right behaviours, challenge the counterproductive behaviours and reward the positive behaviours I see in others.
- 9. SPORTSMANSHIP:** *Be humble, honest and respectful of opponents.*
I am humble, honest and respectful of my opponents, and will always model good sportsmanship both on and off the field.
- 10. COMMUNICATION:** *Transparency and respect.*
I am clear, considerate and timely when communicating with all within my networks both online and offline.

I, _____ agree to uphold the BSA Trademark Values and Behaviours.

Signed _____ Date ___/___/2022.

The BSA Trademark values and behaviours have been developed by the athletes for the athletes. It is expected that ALL athletes, parents and staff uphold these behaviours.