



Tennis SUNDAY SQUAD COACHING PROGRAM 2023

Session Dates:

TERM 1

Session 1: Sunday 19th of February 8:30am-12:00 – St Stephens Tennis Club Belmont

Session 2: Sunday 19th of March 9:00am-12:00pm – St Stephens Tennis Club Belmont

** Pat Cash Cup is on 25th & 26th February in 2023

TERM 2

Session 1: Sunday 21st of May 9:00am-12:00pm – Ocean Grove Tennis Club, Astbury Street

Session 2: Sunday 18th of June 9:00am-12:00pm – Ocean Grove Tennis Club, Astbury Street

**Kings Birthday Weekend 10th-12th of June in 2023

TERM 3

Session 1: Sunday 16th of July 9:00am-12:00pm – St Stephens Tennis Club Belmont

Session 2: Sunday 10th of September 9:00-12:00pm – St Stephens Tennis Club Belmont

**September 3rd is Father's Day in 2023

TERM 4

** 14th & 15th October, VRAS inter-academy challenge @ Bendigo Tennis Centre in 2023

Session 1: Sunday 22nd of October (TBC) – TIME AND VENUE TBC

Session 2: Sunday 19th of November @ Geelong Lawn Tennis Club – TIME TBC DUE TO AJL – 2024 BSA program trials after this session

The BSA membership will cover the cost of Head Coach, courts. Balls provided by Tennis Vict. Sports specific sessions on Goal setting, Nutrition and Sports Psychology may be incorporated into these dates.

Session Details:

Venue: This year we will be sharing venues to provide different playing services, with our trials being held at Geelong Lawn Tennis Club (TBC)

Coaches: Jackson Varney (As appointed by Tennis Victoria & recommended by BSA)

Time: 9am – 12pm Term 1,2 & 3. Term 4 TBC due to AJL commitments?

IF UNABLE TO ATTEND!

Players are asked to let either Jackson Varney or Cam Govan know prior to the session if they are not able to attend. Jackson/Cam will then find a replacement from the BSA Development squad. These athletes are very eager for opportunities so please ensure you are diligent on this point.

Jackson Varney - 0491 681 305

Cam Govan – 0408 517 620