

BSA Providers

Sports Dietitian – Dr Dominique Condo

B. Science (Biomed), Masters of Nut & Dietetics, PhD, APD, AccSD



Dominique is an experienced Accredited Practising Dietitian, Nutritionist and an Accredited Sports Dietitian. She has extensive experience working with both junior and elite athletes and has worked with a number of sporting clubs and associations, offering nutritional support and advice. She is currently the sports dietitian at Geelong Cats Football Club and the WNBL Deakin Melbourne Boomers.

She has a special interest and experience in supporting athletes meet their performance goals while ensuring optimal nutrition for general health and development.

As well as her expertise in sports nutrition, Dominique also has a keen interest in Irritable Bowel Syndrome and has a strong background in the dietary management of bowel issues. She also works in areas including weight management, chronic disease, eating disorders and food intolerances, both with athletes and non-athletes. Dominique is also a lecturer and researcher in sports nutrition at Deakin University, demonstrating her dedication to the profession and teaching others how to adapt their dietary intake in order to meet their goals whilst ensuring the best health outcome. She treats every individual differently, adapting her approach and advice to suit the specific situation.

Dominique is an Accredited Practising Dietitian, Accredited Sports Nutritionist and is a member of the Dietitians Association of Australia. Dominique completed the Sports Nutrition Accredited course at the AIS in 2010.

Qualifications:

- Sports Dietitian
- PhD
- Masters of Nutrition & Dietetics
- Bachelor of Biomedical Science

Consultation Fees:

Standard consultation fee 45mins: \$95.00

Fees work on a sliding scale depending on the clients' financial situation so fees can be reduced in cases of genuine financial hardship.

Athletes may be eligible for a medicare rebate of \$52.95 per session for up to 5 sessions per calendar year with a referral from their GP if the reason for sessions encompasses any chronic medical issue (If unsure discuss this with your GP).

Athletes and families may also be eligible for a rebate from their health insurance provider depending if they have coverage for Dietetics.

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