

MEDICAL NETWORK 2016



MULTI SERVICE PROVIDERS

CORIO BAY HEALTH GROUP

"More than 30 physiotherapists in 10 locations across Geelong, the Bellarine and Surf coast"

Physiotherapy

Geelong Clinic

Address: 283 La Trobe Terrace, Geelong 3220

Website: www.coriobayhealth.com.au

Phone: 5221 8822

Offer to BSA Athletes: Sports Membership Rates (\$5.00 off each Physiotherapy Consultation)

Justin Edwards (Barwon Sports Academy Medical Network Coordinator)

Specialisation	Hip, groin, spinal, knee and ankle problems , Sports Injuries , Adolescent injuries, Clinical Pilates, Mechanical Diagnosis & Therapy of Lumbar Spine and Dry Needling.
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Ash Cannan

Specialisation	Shoulder, back (lumbar, thoracic and cervical), knee and ankle. Acute and biomechanical sporting concerns including muscle strains and joint sprains. All sports injuries/issues in particular basketball, football (AFL, Rugby and Soccer) and rowing. Current SEABL Geelong Supercats player.
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Sathya Sankarasubramanian

Specialisation	Sports Physiotherapy, Cricket, Netball, Tennis, Basketball and Rugby Injuries, Manual Therapy and Kinesio Taping.
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Sarah Henderson

Specialisation	Strong interest in Netball and Touch Football. Management of sports-specific injuries & exercise based rehabilitation of a wide range of musculoskeletal conditions. Specialisation in clinical based Pilates and trained in musculoskeletal dry needling for spinal and sporting injuries.
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Andy Allan

Specialisation	All Sports injuries in particular golf and football related, Dry Needling, Exercise Based Rehab and Golf Physiotherapy.
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Belmont Clinic	
Roslyn Road (Eastbrook Medical Centre) Address: 75 – 7 Roslyn Rd, Belmont 3216 Phone: 5243 0919	
Travis McCombe	
Specialisation	Shoulder, Knee, Hip, Thoracic & Lumbar Spine, Sport Injuries
Andrew Franke	
Specialisation	Special interest in assessing for biomechanical issues, technical faults and equipment/footwear factors which may pre-dispose to injury. Andrew also specialises in treating tendon injuries which are common sporting injuries for which new treatments are evolving.
Barwon Clinic	
(Geelong Lawn Tennis Club) Address: 16 Sommers St, Belmont 3216 Phone: 5243 0522	
Ben Herde	
Specialisation	Specific focus on Tennis, working on the ATP World Tour. Other sports of interest include Football, Soccer and Rugby. Special interest areas are sports injuries (in particular tennis), shoulders and lumbo pelvic injuries. Manual therapy skills including dry-needling and manipulative techniques and exercise prescription ranging from real-time ultrasound to high-end gym-set-up.
Waurm Ponds Clinic	
(Leisure Link Sports and Aquatic Centre) Address: Leisure link Sports and Aquatic Centre) 140 Pioneer Rd, Grovedale 3216 Phone: 5245 7577	
Wade Byrnes	
Specialisation	Strong involvement in Cricket, Netball, Tennis, Swimming, Cycling and Rugby. Wade's work has a strong focus around ankle, knee and shoulder rehabilitation post surgery.
<u>Podiatry</u>	
Rebecca Morarty	
Geelong Address: 283 La Trobe Terrace, Geelong 3220 Website: www.coribayhealth.com.au Phone: 5221 8822	
Waurm Ponds (Leisure Link Sports and Aquatic Centre) Address: Leisure link Sports and Aquatic Centre) 140 Pioneer Rd, Grovedale 3216 Phone: 5245 7577	
<i>Offer to BSA Athletes: Sports Membership Rates (\$5.00 off each Physiotherapy Consultation)</i>	
Specialisation	Lower limb biomechanics, including footwear choices and orthotic therapy running

	technique
<p>Hamish Nelson</p> <p>Geelong Address: 283 La Trobe Terrace, Geelong 3220 Website: www.coriobayhealth.com.au Phone: 5221 8822</p> <p>Norlane Address: 86 Melbourne Road, Norlane 3214 Phone: 5275 3676</p> <p><i>Offer to BSA Athletes: Sports Membership Rates (\$5.00 off each Physiotherapy Consultation)</i></p>	
Specialisation	Lower limb biomechanics, including footwear choices and orthotic therapy running technique
<u>Massage</u>	
<p>Various Providers</p> <p>Geelong Address: 283 La Trobe Terrace, Geelong 3220 Website: www.coriobayhealth.com.au Phone: 5221 8822</p> <p><i>Offer to BSA athletes: Sports Membership Rates (\$5 off each Massage consultation)</i></p>	
Specialisation	Unique combination of diagnostic assessment skills and treatment modalities to assist you in reaching and maintaining peak performance and health.
<p>Carl Hillier</p> <p>Waurm Ponds (Leisure Link Sports and Aquatic Centre) Address: Leisure link Sports and Aquatic Centre) 140 Pioneer Rd, Grovedale 3216 Phone: 5245 7577</p> <p><i>Offer to BSA athletes: Sports Membership Rates (\$5 off each Massage consultation)</i></p>	
Specialisation	Unique combination of diagnostic assessment skills and treatment modalities to assist you in reaching and maintaining peak performance and health.
<u>Dietitian</u>	
<p>Karyn Green</p> <p>Geelong Address: 283 La Trobe Terrace, Geelong 3220 Website: www.coriobayhealth.com.au Phone: 5221 8822</p> <p>Bannockburn Address: 19 High St Bannockburn Phone: 52 81 14 81</p> <p><i>Offer to BSA Athletes: Initial Appointment 1 hour - \$75/ Review \$55</i></p>	

Sports Doctor

Dr Jeanne McGivern and Dr Jacqui Johnson

Geelong

Address: 283 La Trobe Terrace, Geelong 3220

Website: www.coribayhealth.com.au

Phone: 5221 8822

Offer to BSA Athletes: Discount on services

Specialisation	Sports Injuries
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Sports Psychology

Stephen Rendell

Geelong

Address: 283 La Trobe Terrace, Geelong 3220

Website: www.coribayhealth.com.au

Phone: 5221 8822

Offer to BSA Athletes:

Specialisation	Depression, anxiety, eating disorders, conflict management, anger management, sport performance issues, goal setting, stress management, relationships, self confidence, post injury / rehabilitation issues and counselling.
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OLYMPIC PARK SPORTS MEDICINE CENTRE

Address: 30 Bellarine St, Cnr Little Malop

Phone: 5221 0555

www.opsmc.com.au

Offer for BSA Athletes: Priority booking

Physiotherapy

Tristan Shipsides

Specialisation	Shoulder, hip, knee, thoracic and lower back pain. Also particular interest in chronic lower back pain. Provides Musculoskeletal Screenings and bike fitting, client education and functionally specific rehab programs.
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Treatment	Hands on treatment with emphasis towards client education and functionally specific rehab programs.
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Konrad Slavinskis

Specialisation	Specific and difficult diagnosis, excellent communication with health professionals, athletes and coaches in treatment, planning and return to sport. Pelvic and hip conditions, knee, ankle, post operative shoulder, hip, knee and ankle rehabilitation.
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Treatment	Hands on, deep needling and exercise rehabilitation programming
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Sports Doctor

Drew Slimmon

Specialisation | Acute and chronic musculoskeletal injuries, preventative exercise, exercise prescription, and exercise induced asthma.

SINGLE SERVICE PROVIDERS

PHYSIOTHERAPY

THE INJURY CLINIC – PHYSIOTHERAPY

Laura Anderson and Casey Bourke

Address: 100 Fyans St, South Geelong

Phone: 5229 3911

Website: www.theinjuryclinic.com.au

Offer for BSA Athletes: 10% discount on consult fees, same day appointment if requires, reduced individual musculoskeletal injury screening fee, access to gym facility.

Specialisation | Musculoskeletal and Sports Physiotherapy – Special interest in adolescent sporting injuries.

DRYSDALE HEALTH GROUP

Peter Terry, Simone Seignior and Emma Zahl

Address: 27-29 High St, Drysdale, 3222.

Phone: 5251 2958

Offer for BSA Athletes: \$5.00 off consult fee

Specialisation | Sports Injury Management, Spinal Therapy, Pilates and Rehabilitation. Services include Acupuncture, Myotherapy, Podiatry, Pilates and Naturopathy Services.

DIETITIAN

EASTBROOK MEDICAL CENTRE

Anne Buso

Eastbrook Medical Centre

Address: 75 Roslyn Rd Belmont, 3216

Phone: 0407 877 548

Offer for BSA Athletes: 10% discount

Specialisation | Nutritional Assessment and Individual management plans to target specific needs

CHIROPRACTOR

LA TROBE HEALTH CENTRE

Dr Kyle Keenan and Dr Rebecca Keenan

Address: 291 La Trobe Terrace, Geelong

Phone: 5222 6868

Offer for BSA Athletes: 20% Discount

Specialisation | Postural assessment, passive and active range of motion assessment, orthopaedic examination, neurological examination (consisting of muscle testing, reflex testing, nerve tension testing, balance assessment), functional muscular and core strength assessment and, segmental spinal examination.

OSTEOPATH

PRO CARE SPORTS AND SPINAL

Grant Burrows, Martin Gowdie, Jo Burrows, Steph Cations, Rebecca Burns and Emma Fitzgerald

Address: 13 Francis St , Belmont

Phone: 5243 3819

Website: www.pro-care.com.au

Offer for BSA Athletes: 20% off initial consult

GEELONG OSTEOPATHIC AND HEALTH CARE CLINIC

Janine Parker, Freddie Pang, Richard Todd, Kevin Sturges, Ashwini Bhat and Breanna Wright

Address: 4 Coronation St, Geelong West 3218

Phone: 5229 8021

Website: www.geelongosteopathic.ntpages.com.au

Offer for BSA Athletes:

MASSAGE

BARWON SOFT TISSUE THERAPY

Stuart Hinds, Justine Gilroy and Brent May

Address: 44 West Fyans St, Newtown

Phone: 5222 8001

Website: www.bstt.com.au

Offer for BSA Athletes: 10% Discount on all treatments

Specialisation | Soft tissue therapy, Remedial Massage and Myotherapy.

PRO CARE SPORTS AND SPINAL

Nathan Ulph

Address: 13 Francis St, Belmont

Phone: 5243 3819

Website: www.pro-care.com.au

Offer for BSA Athletes: 20% off initial consult.

Specialisation | Dry Needling and Kinesio taping.

NURTURE MYOTHERAPY AND MASSAGE

Erin Leopold

Address: 112 McKillop St, Geelong

Phone: 0403 676 935

Offer for BSA Athletes: 15% off consult.

Specialisation | Myotherapy, Sports and Remedial Massage

PODIATRY

PODIATRY @ BELMONT

Lyndal McGuire

Address: 47 Thomson St, Belmont

Phone: 5243 0130

Website: www.podiatryatbelmont.com.au

Offer for BSA Athletes: No Initial consult fee

SPORTS PSYCHOLOGY

Barwon Sports Academy - Stephanie Rice

Phone: 0421 801 557

Email: stephanie.rice1@live.vu.edu.au

Offer for BSA Athletes:

Specialisation | Stephanie is available for individual and group sessions with the BSA athletes

covering a range of issues including performance issues, goal setting, event preparation, sport/study/life balance, dealing with stress and anxiety, self confidence, mental health and personal development.

PERFORMANCE AND SPORTS PSYCHOLOGY CLINIC

Dane Barclay

Address: 141 The Parade, Ocean Grove and Athletics Australia House, Lakeside Stadium Albert Park.
Phone: 5222 4411

Offer for BSA Athletes: 20% Discount

Specialisation | Anxiety, Confidence, Mental Toughness, Focus under pressure.

DIAGNOSTIC IMAGING

LAKE IMAGING

Jim Petros

Address: 313 Ryrie St, Geelong
Phone: 5273 1200 , 0438 358 884

Website: www.lakeimaging.com.au

Offer for BSA Athletes: Bulk Billing. Athletes to go through BSA office when booking appointments with Lake Imaging)

SPORTS DOCTOR

Bellarine Community Health - Dr Geoff Allen

Address: Nelson Rd, Point Lonsdale

Phone: 5258 0888

Website: www.bch.org.au

Offer for BSA Athletes: Bulk Billing to BSA Athletes.

ORTHOPAEDIC SURGEON

St John of God Hospital – Dr Graeme Brown

Address: Suite 7, Level 2, 83 Myers St Geelong

Phone: 5223 3151

Offer for BSA Athletes: Priority Booking

Geelong Private Medical Centre – Dr Robert Wood

Address: 73 Little Ryrie St, Geelong

Phone: 5222 4411

Website: www.geelongprivatehospital.com.au

Offer for BSA Athletes: Priority Booking and reduced fees

SJOG - Professor Richard Page

(Upper limb, Shoulder and Hand Surgeon)

Address: Suite 7, Level 2, 83 Myers St, Geelong

Phone: 5222 5777

Website: www.geelongorthopaedics.surgey

Offer for BSA Athletes: Priority Booking