



## **Deakin University Education Session (Careers in sport)**

### **Session Overview**

- Career options in sport, health and fitness in Australia and what the probable educational pathways and experiences are required to attain these careers.
- Background into sport, fitness and health related courses at Deakin University and pathways into these courses.
- Question and answer with Dan Dwyer, senior lecturer in Exercise and Sport Science
- Tour of the state of the art Exercise and Sport Science facilities at the Waurn Ponds Campus.
- Learn about the many amazing athlete testing protocols used at Deakin
- Examples of pathways, courses and careers that BSA graduates have taken.
- Benefits for BSA athletes who choose to study at Deakin.



### **Many thanks to Dan Dwyer for this great session**

Thanks Dan Dwyer unit chair of the Exercise and Sports Science course for his outstanding presentation on the opportunities provided by Deakin University for Careers in Sport. Dan took our athletes through the courses available as well as the potential jobs in the sporting industry. Athletes were then given a tour of the state of the art facilities and the opportunity to ask questions that may help in their decision making.

Further information is available via the **Deakin website** (see below) or at the Open days.

<http://www.deakin.edu.au/study-at-deakin/find-a-course/sport>

### **OPEN DAY**

21st August at Waurn Ponds Campus 9am - 3pm

## **IMPORTANT POINTS MADE BY DAN**

It is your *interests and passion* that should ultimately drive your career choices. He also suggested that *prioritising where the jobs are at*. At times young people have an idealistic view of what they want to do, but if there are no jobs in that industry or an unrealistic view of the wage you will earn, then it can be a disappointing experience.

## **STATS - taken from the Aust Bureau of statistics 2013**

- 95,590 work in sport related as their main jobs
- This was up 21% since 2006
- Mostly part time, lower income
- Average employed in Sport & Recreation was \$638 (2012)

## **CAREER OPPORTUNITY LIST**

- Coaching
- Sport Scientist
- Strength and Conditioning
- Marketing
- Journalism
- Administration- NSO, SSO, club team
- Management- NSO, SSO, club team, athlete
- Law- private, corporate

## **FITNESS**

- Gym floor supervisor
- Group fitness leader
- Sales/Admin
- Gym management
- Personal Training
- Private owner
- Fitness Centre Marketing
- Program Management
- Centre Management
- Teaching TAFE/University

## **HEALTH AND WELLBEING**

- Weight management
- Health coaching-personal, group
- Government- project offer, local, state, federal
- Government- policy development, advisory
- Sales and Marketing- health food, drugs, equipment

- Private sector- health spas/resort
- Corporate health
- Health Int
- Accredited Exercise Physiology (ESSA)

### **REHABILITATION**

- Sport- strength and conditioning
- TAC- post physio
- Occupational- work cover and community care
  - care manager
  - OHS assess/consult
  - Ergonomics
- Accredited Exercise Physiologist (ESSA)
- Master of Clinical Exercise Physiology (AEP)

### **WHAT IS AN ACCREDITED EXERCISE PHYSIOLOGIST?**

- Exercise as a form of therapy (Evidence based)

### **EDUCATION**

- Primary and Secondary teaching
- TAFE
- University

### **GRADUATE EMPLOYMENT**

- AFS
- UFS

### **HOW TO FIND A JOB?** - Great sites to get started

- [seek.com.au](http://seek.com.au)
- [sportspeople.com.au](http://sportspeople.com.au)

### **OTHER UNIVERSITIES**

- Deakin University
- Federation University
- Multiple other options to explore but Geelong a great option.

## **CLEARLY IN ATAR 2015**

Important to note is that the demand for positions at Burwood (Melbourne) increase the ATAR needed to get into the courses. Geelong is the exact same course with outstanding lecturers and teachers. Living and studying in Geelong is an outstanding option.

- 60- Exercise Sport Science (Geel)
- 81- Exercise Sport Science (Burwood)
- 84- Exercise Sport Science/Business Sport Management (Burwood)
- 65- Health/PE (Geel)
- 55- Health Science (Geel)

## **FUTHER STUDIES**

- Honours
- Masters
- Ph D

Thanks once again to Deakin University, Dan Dwyer, Isobel Lambden for these notes. The Barwon Sports Academy have had over 30 graduates going on to attend Deakin University in Geelong. There are more and more choosing a career in sport and our athletes are fortunate enough to meet multiple people in numerous different employment areas to be inspired by.

Cameron Loftus

(CEO Barwon Sports Academy)