



## **2019 Barwon Sports Academy Tennis program**

Tennis Victoria & Barwon Sports Academy invites all tennis players aged 11 to 18 in the Barwon Region to trial to become a member of the 2019 Barwon Sports Academy Tennis Program.

The Barwon Sports Academy Tennis program is a partnership between the BSA and Tennis Victoria and is positioned as the pinnacle training and support program in the region. It offers Barwon based players the opportunity to develop their game to a high level.

### **Tennis Component**

Each player continues to have a private coach, attend Coach or Centre squad sessions and participate in pennant and tournaments as is determined by their coach and parents.

Tennis Victoria's Regional Academy coach, Nikolas Ortika with the support of highly credentialed & experienced Geelong based partner coach Matthew Hicks will deliver the 2019 program. Other local coaches will be asked to be involved in support roles during sessions.

**8 Specialist sessions with Regional Coach Nikolas Ortika** with support from local coaches; Sunday 9.00am – 12.00pm or 2pm- 5pm.

Venue: *Term 1 & 4 GLTC + Term 2 & 3 Hepner Indoor Centre*

Term 1 – 3 Feb & 3 March (Both 9-12pm)

Term 2 – 28 April & 26 May (Both 9-12pm)

Term 3 – 4 August (9-12pm) and 15 Sept (2pm start)

Term 4 – 20 Oct and 17 Nov (Both 2pm start)

**Weekly BSATP Squad session will be held on 7 occasions for 2 terms;**

Term 2, 3 & 4 @ Centre Court Indoor Tennis Centre (Matt Hicks - Friday 4.30pm – 6.00pm) & Term 4 will be confirmed early in the program.

A partner coach will be sourced and help cater to the highest ranked players as part of their leadership program.

- We believe that this provides the best opportunity to develop your tennis whilst continuing a good work, life balance.

### **Barwon Sports Academy**

The Barwon Sports Academy (BSA) offers talented boys and girls from different sports the opportunity to develop their physical abilities through a wide range of programs and development sessions.

Athletes have the opportunity to attend a weekly strength and conditioning sessions.

Athlete Development sessions are offered in a wide range of areas; including nutrition, rehabilitation and injury prevention, leadership and time management to enable athletes to develop in a holistic manner.

The Athlete Development Sessions will be tiered to cater for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> year members. Refer to the Barwon Sports Academy website for more information;

<http://www.barwonsportsacademy.org.au/>

## **2019 Academy squad selection**

A minimum of 16 players will be selected. 11 to 18 year old players may apply. Age is from 31/12/2019.

## **Selection Guidelines**

### **GUIDELINES FOR SELECTION OF BARWON SPORTS ACADEMY TENNIS PROGRAM**

1. A selection committee consisting of the **Barwon region coach, a Barwon region representative, partner coaches, a Tennis Victoria and an academy representative** will conduct the selection process.
2. ***As this is a high performance squad, players must be regular participants in Tennis Australia sanctioned tournaments and should have an aim of becoming an elite tennis player.***
3. The selection committee will take into consideration the following factors;
  - Australian Ranking (AR)
  - Results from recent Tennis Australia Junior Tournaments or Australian Money tournaments
  - Tennis Victoria AJL and / or Pennant Grade
  - Participation in Barwon Region Cup/Representative teams
  - Progress at Raquetworks Series tournaments
  - Tennis Geelong Summer/Winter Season Pennant Grade
  - Work ethic, commitment and attitude of athletes as advised by coaches

The top 8 players within the Barwon Region, as deemed by the selection committee will be invited by Tennis Victoria to join the 2019 Academy Tennis program directly. They will be present at the trials and give a short run down on why they see the program as valuable.

All Barwon Region juniors are encouraged to attend the athlete **selection trial day to be held from 4.30pm – 6.15pm on Sunday November 18th** at the Geelong Lawn Tennis Club to trial for the 2019 squad. This will include an **INFORMATION SESSION from 4.15 - 4.30pm** for all aspiring tennis players to understand what is available and how this links with the Barwon Region Tennis Development squad.

## **Costs**

The cost per player to join the Barwon Sports Academy 2019 Tennis program is \$750.00; \$420.00 per annum for Barwon Sports Academy & \$330.00 per annum for the 21 weekly squad hitting sessions with Matt Hicks & TBC.

## **Expectations**

All Barwon Sports Academy Tennis Program squad members are expected to commit to:

1. Attend the Barwon Sports Academy Tennis Program on court Squad sessions
2. Attend the Barwon Sports Academy strength & conditioning sessions
3. Attend the Barwon Sports Academy Athlete Development sessions
4. Make themselves available to represent the Barwon Region in Cup/Regional events
5. Participate in either the Tennis Victoria AJL or Senior Pennant competition
6. Attend special events run by Barwon Sports Academy
7. Comply with the Tennis Victoria and Barwon Sports Academy Code of Conduct.

Contact the Academy Tennis Program Manager Cameron Loftus for more information

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